1. What is the evidence in your life of problems with your tongue? [circle appropriate response]

+	cussing	frequently daily sometimes rarely almost never
+	gossip	frequently daily sometimes rarely almost never
+	criticism	frequently daily sometimes rarely almost never
+	name calling	frequently daily sometimes rarely almost never
+	lying	frequently daily sometimes rarely almost never
+	sarcasm	frequently daily sometimes rarely almost never
+	meanness	frequently daily sometimes rarely almost never
+	harshness	frequently daily sometimes rarely almost never

2. Jealousy= resenting the success of others & being unsatisfied with your lot; selfish ambition= desire for selfpromotion strong enough to lead you into sinful means. In which areas of your life are you afflicted with these? [5 = very much; 3 = somewhat; 1 = not much at all]

career/income	jealous of others	dangerously ambitious
social status	jealous of others	dangerously ambitious
vehicle	jealous of others	dangerously ambitious
house/property	jealous of others	dangerously ambitious
toys/luxuries	jealous of others	dangerously ambitious
lifestyle/leisure	jealous of others	dangerously ambitious
influence	jealous of others	dangerously ambitious
looks/style	jealous of others	dangerously ambitious
spouse/children	jealous of others	dangerously ambitious
accomplishment	jealous of others	dangerously ambitious
other	jealous of others	dangerously ambitious
	social status vehicle house/property toys/luxuries lifestyle/leisure influence looks/style spouse/children accomplishment	social statusjealous of othersvehiclejealous of othershouse/propertyjealous of otherstoys/luxuriesjealous of otherslifestyle/leisurejealous of othersinfluencejealous of otherslooks/stylejealous of othersspouse/childrenjealous of othersaccomplishmentjealous of others

3. What do your answers above indicate about the sources of your life philosophy? Who is influencing you?

Flesh [temptation/desires]	wrong	mostly		more	mostly	Christ's Example
World [media/styles/friends]	sources	wrong	even	God	God	The Bible God
Demons	1	2	3	4	5	Holy Spirit's Promptings

4. What should you personally do better to get more wisdom from God and less from elsewhere?

+	Spend more quiet time with God	high priority medium priority low priority
+	Spend more time doing what makes you feel close to God	high priority medium priority low priority
+	Spend more time studying in the Bible	high priority medium priority low priority
+	Work more on taking scripture to heart	high priority medium priority low priority
+	Be more sensitive to the Holy Spirit	high priority medium priority low priority
+	Submit more to the Holy Spirit	high priority medium priority low priority
+	Pray more for wisdom [and expect an answer!]	high priority medium priority low priority
+	Pray more for humility and contentment	high priority medium priority low priority
+	Pray more for transformation of character	high priority medium priority low priority
+	<i>Re</i> evaluate priorities and <i>re</i> allocate resources [\$/time/effort]	high priority medium priority low priority
+	Be more immersed in Christian community	high priority medium priority low priority
+	Get more discipleship from spiritual leaders	high priority medium priority low priority
+	Watch <i>less</i> [or <i>better</i>] television/movies	high priority medium priority low priority
+	Read better books/magazines	high priority medium priority low priority
+	Listen to better music	high priority medium priority low priority
+	Spend less time with friends who are bad influences	high priority medium priority low priority
+	Flee better from situations which feed temptations	high priority medium priority low priority
+	Think less about selfish desires	high priority medium priority low priority

James' Two Kinds of Life Philosophy [James 3.13-18]

Source:	Culture, Flesh, Demons [v.15]	God [v.17]
Content:	Bitter jealousy, Selfish ambition [v.14]	Purity, peacemaking, gentleness, reasonableness, mercy and service, impartiality, sincerity [v.17]
Results:	Disorder, Vile practices [v.16]	Peace, Righteousness [v.18] Humility for self [v.13]